CHILDREN AND ADULTS CLOTHES MAKING

TALCACM0101

Make children and Adults Clothes

Competence

REQF Level: 1

Credits: 12

Sector: Art and Craft

Sub-sector: Tailoring

Learning hours

120

Issue date:December 2020

Purpose statement

This module describes the skills and knowledge required to carry out carefully the various children and adult clothes, the module will allow the trainees to realise clothes according to the dress layout, perform the confection of the panties and apply technical pieces realization (collars, pockets, sleeves, flaps and slits

learning assumed to be in place

Occupation and training process
Workplace Communication skills
Computer literacy
Basic points in sewing and hosiery

Elements of competence and performance criteria

Learning units describe the essential outcomes of a competence.
Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

By the end of the module, the trainee will be able to:

Elements of competence	Performance criteria
1. Realize technical pieces (collars, pockets, sleeves, flaps and slits)	1.1. Identification of Collars, pockets, sleeves, flaps and slits 1.2. Design of sketch 1.3. Preparation of different pieces 1.4. Assembling of different pieces 1.5. Finishing
2. Make Skirts and Shirts	2.1. Choice of model 2.2. Design of sketch 2.3. Cutting of sketch pieces 2.4. Assembling of pieces 2.5. Finishing of model 2.6. Application of realized technical pieces
3. Make Short Trousers and Trousers	3.1. Choice of model 3.2. Design of sketch 3.3. Cutting of sketch pieces 3.4. Assembling of pieces 3.5. Finishing of model 3.6. Application of realized technical pieces
4. Make Dresses	4.1. Choice of model 4.2. Design of sketch 4.3. Cutting of sketch pieces 4.4. Assembling of pieces 4.5. Finishing of model 4.6. Application of realized technical pieces

Learning unit

1

30 Hours

Realize technical pieces (collars, pockets, sleeves, flaps and slits)

Learning Outcomes:

1. Identify textile fiber
2. Make Collars
3. Make pockets
4. Realize sleeves
5. Perform slits

Learning Outcome1.1: Identify textile fiber.

Content	Learning	Resources

• Types of textile
 	
• Using international textile care labeling code
 	
   ✓ Washing symbols
 	
   ✓ Ironing symbols
 	
   ✓ Drying symbols
	○ Collection of materials (pictures, sketch, drawings, catalogues , labels ,cloths, books)
	
	○ Individual work
	
	○ Practical exercises
		- Various models: catalogues, sewing fashions, computer design,
		
		- Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, ruler, set square, size ribbon,

- Cobra, tailor's chalks, elastic, fittings, Iron, table, ironing board, ironing small board,

- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 1.2

Performance criterion
Identification of Collars, pockets, sleeves, flaps and slits

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 1.2:Make Collars

Content	Learning	Resources

• Types of textile
 	
• Using international textile care labelling code
 	
  ✓ Washing symbols
 	
  ✓ Ironing symbols
 	
  ✓ Drying symbols
	○ Collection of materials (pictures, sketch, drawings, catalogues , labels ,cloths, books)
	○ Individual work
	○ Practical exercises
		- Various models: catalogues, sewing fashions, computer design,
		
		- Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, ruler, set square, size ribbon,
		
		- Cobra, tailor's chalks, elastic, fittings, Iron, table, ironing board, ironing small board,

		- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 1.2

Performance criterion
Design of sketch

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 1.3: Make pockets

Content	**Learning**	**Resources**

• Types of Pockets
  ✓ patched pocket
  ✓ inseam pocket
  ✓ bound pocket
  ✓ upper hip pocket
• Realization of pattern layout
• Pocket assembling
	○ Collection of materials (pictures, sketch, drawings, catalogues , books)
	○ Individual work
	○ Practical exercises on realization pockets
	  ✓ Pocket pattern layout
	  ✓ Pocket preparation and installation
	  ✓ Assembling pocket
	  ✓ Ironing
		- Various models: catalogues, sewing fashions, computer design,

	✓ Technical pieces classification	- Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, ruler, set square, size ribbon,
		- Cobra, tailor's chalks, elastic, fittings, Iron, table, ironing board, ironing small board,
		- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 1.3

> **<u>Performance criterion</u>**
> Preparation of different pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 1.4: Realize sleeves

Content	Learning	Resources

• Types of Sleeves
 	
  ✓ Basic sleeves
 	
  ✓ Long sleeves
 	
  ✓ puff
 	
  ✓ Butterfly(flared sleeve)
 	
  ✓ Raglan
 	
  ✓ Kimono
 	
• Realization of Pattern layout
 	
• Joining Sleeves
	○ Collection of materials (pictures, sketch, drawings, catalogues , books)
	○ Individual work
	○ Practical exercises on realisation
	  ✓ sleeves pattern layout
	  ✓ Sleeves preparation and installation
	  ✓ Assembling sleeves
	  ✓ Ironing
	  ✓ Technical pieces classification
		- Various models: catalogues, sewing fashions, computer design,
		
		- Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, ruler,

		set square, size ribbon,
		- Cobra, tailor's chalks, elastic, fittings, Iron, table, ironing board, ironing small board,
		- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 1.4

Performance criterion
Assembling of different pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 1.5: Perform slits

Content	Learning	Resources

• Types of slit
 	
   ✓ Polo slit
 	
   ✓ Shirt opening
 	
   ✓ Bound opening
 	
   ✓ Slits Capuchin
 	
• Slits measures determination
 	
• Preparation of slits pieces
 	
• Assembling
 	
• Finishing
	o Collection of materials (pictures, sketch, drawings, catalogues , books)
	o Individual work
	o Practical exercises on realization flats and slits pattern layout
	   ✓ Slits preparation and installation
	   ✓ Assembling and slits
	   ✓ Ironing
	   ✓ Technical pieces classification
		- Various models: catalogues, sewing fashions, computer design,
		
		- Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, ruler, set square, size ribbon,
		
		- Cobra, tailor's chalks, elastic, fittings, Iron, table, ironing board, ironing small board,
		
		- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 1.5

Performance criterion
Finishing

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning unit

2

⏰ **5 Hours**

Make Skirts and Shirts

Learning Outcomes:

1. Prepare skirt pieces
2. Assemble skirt pieces
3. Prepare shirt pieces
4. Assemble shirt pieces

Learning Outcome 2.1: Prepare skirt pieces

Content	Learning	Resources

• Types of skirts
   ✓ Basic block skirt
   ✓ Skirt with pleats
   ✓ Paneled skirt (gored skirt)
   ✓ Circular skirt
 • Measures taking
 • Design of pattern layout
 • Application of pattern on the fabric
	o Collection of materials
	 o Individual work
	   ✓ Practical exercises on realization skirt and shirt
	   ✓ Measures taking
	   ✓ Length calculation
	   ✓ Pattern layout
	   ✓ Assembling
	   ✓ Ironing and packaging
	   ✓ Calculation of cost
		- Various models: catalogues, sewing models, fashions, drawn design, computer
		
		 - Cloth, scissors, thread, machine, needle, tape measure, pattern paper, ruler, set square, size ribbon,
		
		 - cobra, elastic, Mannequin, Iron, table, ironing board, ironing small board,

Content	Learning	Resources
• Assembling of pieces • Application of realized technical pieces • Finishing of model		- Cover, sheet, linen, dump cloth, hanger clothes, working dress, books, internet.

Formative Assessment 2.1

<u>Performance criterion</u>
Choice of model

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 2.2: Assemble skirt pieces

Content	Learning	Resources
Assembling procedures Provisional assembling Fitting and retouching • Definitive assembling • Final touch of the skirt • Labeling and ironing • Cost calculation • Packaging • Work stations arrangement		- Various models: catalogues, sewing models, fashions, drawn design, computer - Cloth, scissors, thread, machine, needle, tape measure, pattern paper, ruler, set square, size ribbon, - cobra, elastic, Mannequin, Iron, table, ironing

		board, ironing small board,
		- Cover, sheet, linen, dump cloth, hanger clothes, working dress, books, internet.

Formative Assessment 2.2

Performance criterion
Design of sketch

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 2.3: Prepare shirt pieces

Content	Learning	Resources
• Measure taking, • Sketching shirt • Application of pattern on the fabric • Cutting pieces • Assembling of pieces • Application of realized technical pieces • Finishing of model • Cost calculation		

Formative Assessment 2.3

Performance criterion
Cutting of sketch pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 2.4: Assemble shirt pieces

Content	Learning	Resources
• Assembling of shirt pieces • Finishing of model • Application of realized technical pieces		

Formative Assessment 2.4

Performance criterion
Assembling of pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning unit

3

Learning Outcomes:

1. Prepare Short trousers pieces
2. Assemble short trousers pieces
3. Prepare trousers pieces

40 Hours

Learning Outcome 3.1: Prepare Short trousers pieces

Content	Learning	Resources
• Measures taking • Design of pattern layout • Application of pattern on the fabric • Estimation pattern fabric lay out	o Collection of materials o Individual work o Practical exercises on realisation of a Short trouser and trouser ✓ Measures taking ✓ Length calculation ✓ Pattern layout ✓ Assembling ✓ Preparation of the wrist musketeer ✓ Installation of the wrist	- Various models: catalogues, sewn models, fashions, drawn design, computer - Cloth, scissors, thread, machine, needle, ribbon meter, cut paper, lath, set square, size ribbon, - cobra, closing means, elastic, fittings, Iron,

		table, ironing board, ironing small board,
	✓ Embroidery of buttonholes ✓ Ironing and packaging ✓ Calculation of cost	- Cover, sheet, linen, dump cloth, coat hanger, working dress, books, internet.

Formative Assessment 3.1

Performance criterion
Choice of model

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 3.2 Assemble short trousers pieces

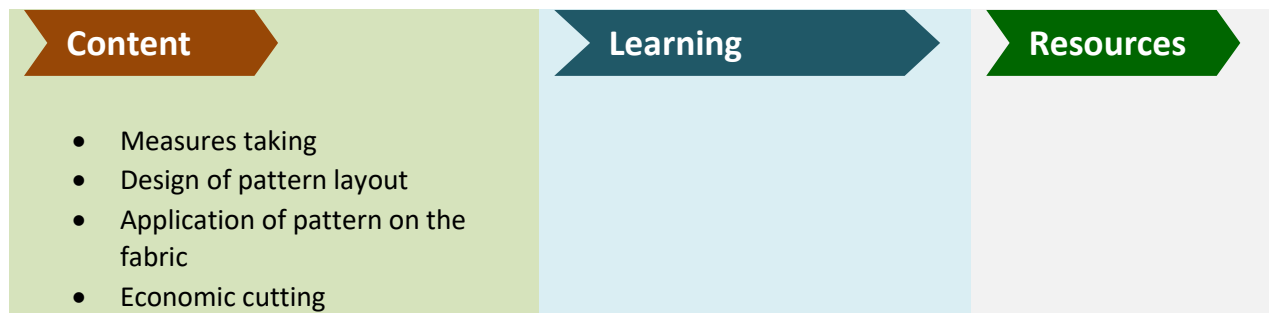| Content	Learning	Resources
• Assembling procedures • Provisional assembling • Fitting and retouching • Definitive assembling • Final touch of the shirt • Labeling and ironing • Cost calculation • Packaging • Work stations arrangement		

Formative Assessment 3.2

Performance criterion
Design of sketch

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 3.3: Prepare trousers pieces

Content	Learning	Resources
• Measures taking • Design of pattern layout • Application of pattern on the fabric • Economic cutting		

Formative Assessment 3.3

Performance criterion
Cutting of sketch pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning unit

LU 4:

4

Learning Outcomes:

1. Prepare Dress Pieces
2. Assemble Dress pieces
3. Prepare Loincloth pieces
4. Perform loincloth embroidery

10 Hours

Learning Outcome 4.1: Prepare Dress Pieces

Content	Learning	Resources

• Measures taking
 	
• Design and application of pattern on the fabric
 	
• Economic cutting
	○ Practical exercises on realization of dresses
	
	    ✓ Measures taking
	    ✓ Length calculation
	    ✓ Pattern layout
	    ✓ Assembling pieces
	    ✓ Ironing and packaging
	    ✓ Calculation of cost
		- Various models: catalogues, sewing models, fashions, drawn design, computer,
		
		- Clothes, scissors, thread, machine, needle, ribbon meter, Pattern paper, ruler, set square, size ribbon,
		
		- Cobra, , elastic, fittings ,fabrics
		
		- Iron, table, ironing board, ironing small board, cover, sheet, linen, dump cloth

hanger, working dress

Formative Assessment 4.1

Performance criterion
Choice of model

Assessor may collect among the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 4.2: Assemble Dress pieces

Content	Learning	Resources
• Assembling procedures • Provisional assembling • Fitting and retouching • Definitive assembling darts, zipper, dress body Final touch of dress Labeling and ironing Cost calculation Packaging Work stations arrangement		

Formative Assessment 4.2

Performance criterion
Design of sketch

Assessor may collect among the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 4.3: Prepare Loincloth pieces

Content	Learning	Resources
• Measures taking • Design pattern on Loincloth • Application of pattern • Economic cutting • Application of various embroidery pattern on the loincloth pieces		

Formative Assessment 4.3

Performance criterion
Cutting of sketch pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Learning Outcome 4.4: Perform loincloth embroidery

Content	Learning	Resources
• Assembling procedures • Provisional assembling • Fitting and retouching • Definitive assembling • Embroidery of loincloth • Final touch of loincloth • Labeling and ironing • Cost price calculation • Packaging • Work stations arrangement		

Formative Assessment 4.4

Performance criterion
Assembling of pieces

Assessor may collectamong the following evidences and make judgements on whether the performance criterion has been achieved.

Summative Assessment

Integrated situation	Resources
Papa SANGWA would like to participate in his friend Pascal's Birthday. He gave an order to the boss of BERWA Tailoring workshop located at Kanombe to make a black shirt for him, a basic skirt for his wife and a short trouser for their son as follows: a short trousers with flap bound pocket of the son, a basic skirt with slit for his wife and a shirt with 2 pieces collar and long sleeve for Him. As a tailor you are asked by your boss to perform those tasks within 4 hours each.	• **Tools and equipements** ✓ fabric ✓ Zip ✓ Button ✓ Hook ✓ Interfacing ✓ Elastic ✓ Table ✓ Scissor ✓ Curves ✓ Set square ✓ Iron ✓ Iron board ✓ Sleeve board ✓ Sewing machine ✓ Tape measure ✓ Needle ✓ Sewing threads ✓ Knife button hole ✓ Press stand

Assesment Criterion 1: Quality of Process

Checklist	Score	
	Yes	No
Indicator: 1. Materials, tools and equipment are well selected		
Indicator: Measures are well conducted		
Indicator: Pattern cut out is well performed		
Indicator: Overcast is well performed		

Indicator: Assembling is well applied
Indicator: Fullness is well performed
Indicator: Cost is well estimated

Observation

Assesment Criterion 2: Quality of product

Checklist	Score	
	Yes	No
Indicator: Appropriate fabric is respected		
Indicator: Seam is well done		
Indicator: Ironing is well applied		
Indicator: Finishing is well done		
Indicator: Folding is well done		

Observation

Assesment Criterion 3: Relevance

Checklist	Score	
	Yes	No
Indicator: Dart and pocket placement is respected		
Indicator: Fitness is respected		
Indicator: Fashion is respected		
Indicator: Color is respected		

Observation